

FREE PT
TRAINING
SESSION



EUGENE SOBERS

PERSONAL TRAINER

SPECIALISMS

- ✓ Strength and Conditioning
- ✓ Kettlebell
- ✓ Barbell
- ✓ Bootcamp
- ✓ Boxing
- ✓ Muay Thai
- ✓ Weight Loss/Gain
- ✓ Powerlifting
- ✓ Motivational Coach
- ✓ TABATA and HITT Training Specialist

TO BOOK YOUR **FREE** PT SESSION CALL

07577 188296

 **YOUR**
waterside
Personal Training™

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PERSONAL TRAINER

QUALIFICATIONS:

- ✓ Level 3 Personal Trainer
- ✓ Level 2 Fitness Instructor
- ✓ BAWLA leader's Award
(British Amateur Weightlifters Association)
- ✓ LVL 2 Circuit Certified
- ✓ LVL 2 Kettlebell Certified
- ✓ Boxing Coach Certified (Boxercise)

Winning Titles to Date:

Amateur Strong Man Winner (Stafford Regional Finals - 2002)

County Powerlifting Team (Preston, UK - 1999)

Mr Fitness UK (Wigan, UK - 1996)

Transformation Challenge Winner 2014 MMA FITNESS Centre (UAE)

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TESTIMONIAL

“Eugene is not only an extraordinary fitness trainer. What makes him stand out from the crowd is that he lives the spirit of being and eating healthy. He pushes us to the limits and motivates with his positive vibes. He makes us strongly believe in changes of ourselves.”

Tina Huynh -

Sales Process & Business Development
Senior Executive at Daimler.

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**APPLY
TODAY!**

PERSONAL TRAINERS WANTED

**Are you looking for a
rewarding career as a
personal trainer in a
Waterside Leisure Centre?**

INTERESTED?

**for more information email your CV to
info@yourpersonaltraininguk.co.uk**

www.yourpersonaltraininguk.co.uk

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