

FREE PT
TRAINING
SESSION



TAFARA

OMEJE

PERSONAL TRAINER

SPECIALISMS

- ✓ Fat Loss Specialist
- ✓ Muscle Building Specialist
- ✓ Strength Development
- ✓ Muscular Engagement Specialist
- ✓ Bodybuilding Coaching
- ✓ Nutrition/Diet
- ✓ Functional Recovery Training
- ✓ Mobility Development

TO BOOK YOUR **FREE** PT SESSION CALL

07957 504290

 **YOUR**
waterside
Personal Training™

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TRAINING
SESSION



TAFARA

OMEJE

PERSONAL TRAINER

QUALIFICATIONS:

- ✔ Level 3 Personal Trainer

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 **YOUR**
waterside
Personal Training™

**APPLY
TODAY!**

PERSONAL TRAINERS WANTED

**Are you looking for a
rewarding career as a
personal trainer in a
Waterside Leisure Centre?**

INTERESTED?

**for more information email your CV to
info@yourpersonaltraininguk.co.uk**

www.yourpersonaltraininguk.co.uk

 **YOUR
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