

FREE PT
TRAINING
SESSION



AZHAR

HEREZ

PERSONAL TRAINER

SPECIALISMS

- ✓ Weight Training
- ✓ Toning
- ✓ Strengthening
- ✓ Weight Loss
- ✓ Weight Gain
- ✓ Mood Improvement

TO BOOK YOUR **FREE** PT SESSION CALL

07804 475708

 **YOUR**
waterside
Personal Training™

FREE PT
TRAINING
SESSION



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HEREZ

PERSONAL TRAINER

QUALIFICATIONS:

- ✓ Level 3 in Personal Training
- ✓ Level 2 in Fitness Instructing

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 **YOUR**
waterside
Personal Training™

**APPLY
TODAY!**

PERSONAL TRAINERS WANTED

**Are you looking for a
rewarding career as a
personal trainer in a
Waterside Leisure Centre?**

INTERESTED?

**for more information email your CV to
info@yourpersonaltraininguk.co.uk**

www.yourpersonaltraininguk.co.uk

 **YOUR
waterside**
Personal Training™