

## CHILDRENS TIMETABLE - WEEK COMMENCING 19TH JULY 2021



## MONDAY

TIME	ACTIVITY	TYPE	ABILITY / AGE	INSTRUCTOR
1145-1315	Kids Lane (with shallow end)	Swim	All	n/a
1400-1530	Water Babies (£)	Swim	Baby	Water Babies
1400-1530	Kids Lane (no shallow end)	Swim	All	n/a
1545-1715	Swimming Lessons (£)	Swim	3+	Total Swimming
1600-1700	Fitness Fun	Cardio/Condi	5-11 yrs	Mike
1700-1915	Kids Lane (with shallow end)	Swim	All	n/a

## TUESDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0900-0945	Kids Lane (with shallow end)	Swim	All	n/a
1215-1300	Kids Lane (with shallow end)	Swim	All	n/a
1315-1530	Kids Lane (no shallow end)	Swim	All	n/a
1330-1530	Water Babies (£)	Swim	Baby	Water Babies
1530-2000	Kids Lane (with shallow end)	Swim	All	n/a
1545-1715	Swimming Lessons (£)	Swim	3+	Total Swimming
1600-1700	Kids Dance	Dance	5-11 yrs	Xara

## WEDNESDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
1230-1615	Kids Lane (with shallow end)	Swim	All	n/a
1545-1745	Swimming Lessons (£)	Swim	3+	Total Swimming
1700-1800	Cheerleading	Dance	5-11 yrs	Hannah
1745-1830	Kids Lane (with shallow end)	Swim	All	n/a

## THURSDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0900-0945	Kids Lane (with shallow end)	Swim	All	n/a
1245-1930	Kids Lane (with shallow end)	Swim	All	n/a
1600-1900	Swimming Lessons (£)	Swim	3+	Total Swimming

## FRIDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0900-0945	Kids Lane (with shallow end)	Swim	All	n/a
1030-1115	Toddler Boogie	Dance	2-4 yrs	Hannah
1145-1415	Water Babies (£)	Swim	Baby	Water Babies
1145-1400	Kids Lane (no shallow end)	Swim	All	n/a
1600-1930	Swimming Lessons (£)	Swim	3+	Total Swimming
1545-1930	Kids Lane (with shallow end)	Swim	All	n/a

## SATURDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0830-1330	Swimming Lessons (£)	Swim	All	Total Swimming
1315-1415	Family Yoga	Holistic	All	Hannah
1400-1800	Water Babies (£)	Swim	Baby	Water Babies
1400-1745	Kids Lane (no shallow end)	Swim	All	n/a
1800-1930	Kids Lane (with shallow end)	Swim	All	n/a

## SUNDAY

TIME	ACTIVITY	TYPE	ABILITY	INSTRUCTOR
0900-1800	Kids Lane (with shallow end)	Swim	All	n/a